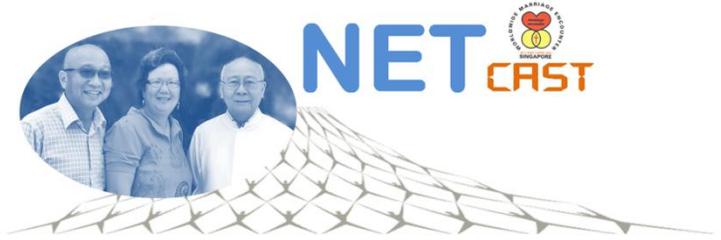


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Dear Couples, Priest & Religious,

This year is indeed a very exciting and eventful one for our WWME community here in Singapore. We kick-started our movement's 35<sup>th</sup> anniversary celebration with mass at St Mary's of Angels Church with Archbishop William Goh as our main celebrant on 1 May 2014. We thank the many couples in our community who rallied together to work very hard behind the scene to make this celebration such a memorable one for all who participated in it.

The next important event in our calendar is the discernment for new National Ecclesial Team couple and Board couples. This discernment is scheduled for 12 July (Sat) at ME House. We remind all ME priests and team couples to lock this date in your calendar. Your presence on 12 July is vital for the growth of our movement and your vote truly counts! The new NET and Board couples will begin their term in January 2015. The early discernment is to allow for a smooth transmission in leadership.

We are excited that WWME (Singapore) is hosting the 39<sup>th</sup> Asian Conference at ME House from 6 – 12 September. Our main organising committee has already put in a lot of work in preparing for this conference. We are very thankful that we have this team of dedicated couples to help us plan for this major event.

We are also sprucing up ME House and giving it a thorough cleaning in preparation for this conference. We invite couples in our community to come to ME House on 23 August 2014 for our gotong royong. We experienced a sense of belonging and pride as we scrubbed and sweated together in ME House in previous gotong royong!

Finally, we wish to remind you to sign up for the Walk with ME at Gardens by the Bay on 26 July 2014. Good opportunity for family bonding and expression of your solidarity for our community ... walk with me, walk with ME!

God bless,  
 With love and prayers  
 Patrick & Rachel and Fr Paul  
 National Ecclesial Team

# ME Singapore 35<sup>th</sup> Anniversary Mass

“GLOW AS A COMMUNITY OF FAITH AND LOVE”

*Ignatius & Florence*

A record-breaking congregation, close to 500 married couples and families, were there at St Mary’s of the Angels on 1 May 2014 to commemorate 35 years of Worldwide Marriage Encounter in Singapore with Eucharistic celebration, renewal of marriage vows and lunch-time reunion. We – Ignatius and Florence – have attended the annual event many times before but this latest experience was extra-flavoured to us. Our own 35<sup>th</sup> wedding anniversary had just been celebrated with couples from our original Marriage Encounter (ME) weekend, those whom we still meet monthly for dialogue, group support and faith formation over more than twenty years. And here we were again with two of them and also two classmates of Ignatius, among the 112 marriage milestone couples, an unprecedented turnout for this rotational contingent. Each year, it’s not only spectacular, but meaningful that couples take their turn to be celebrities like us, feted as glowing signs of faith and love and a vibrant community. As we proclaim in Marriage Encounter, love and marriage is not a destination, but a journey of growth opportunities, decisive transformation and deepening commitment and we are never alone. And it’s always joyous to perennially welcome the younger crop of 5-year mile stoners and to applaud those still going on romantically as ever, especially Peter & Helen Pong and Victor & Elizabeth Sim, monumental 60-year mile stoners. With great feeling of gratitude and solidarity, we marched down the aisle in procession with the 2014 mile stoners, all clutching personalized certificates of episcopal blessing signed individually by His Grace Archbishop William Goh.



Archbishop William Goh, on this day of his 29<sup>th</sup> Sacerdotal, was our main celebrant for Mass. And in his inimitable compelling style, he delivered a homily that drove home succinctly what we should aspire to be in order to live out the anniversary theme “glow as a community of faith and love”. Drawing mostly on the first reading, verses from Genesis which we remember from one of the weekend talks on “God’s Desire for Marriage”, His Grace – who had himself attended ME in 1980 – called the movement to be firmly rooted in Christ first of all. This is our perception of the three points he gave towards becoming glowing lovers in Christ. Firstly, be like God as He created us each in His image. So participate in His life, but without us becoming God. Seek to love as it truly means to God, a love that is forgiving and life-giving, transcending “things” such as career and cars, and in which we find happiness.

Cont’d ....

# ME Singapore 35<sup>th</sup> Anniversary Mass

..... Cont'd

Secondly God created us man and woman as the love by two persons of different sex is of the highest quality, enriching and beautiful. For a woman to fully understand a man is extremely difficult. And for a man to understand a woman "is a miracle". This continual testing and deciding to love without reservation purifies and deepens our couple love. When we love, with the Holy Trinity as our model, it's really powerful. Thirdly, don't be complacent with just knowing the tools of ME, but take care of the faith formation values too. Often, we may feel too hurt to even communicate despite knowing how to. Thus, pay attention to strengthening our capabilities, such as listening with the heart. This calls for deeper faith to keep us in ME strongly rooted in Christ.

As we joined the congregation in the renewal of marriage vows, we said ours with deeper conviction. The past four years of Ignatius' cancer treatment and recovery have been an experience of deep faith, love and community support, and we are eternally thankful to have all these. We felt really blessed as His Grace conferred his special blessings on us, milestone couples. Then during the lunch-time buffet, we had the chance to briefly touch base with the two 60-year mile stoners and discovered even greater hearts and souls of immense faith. Victor, aged 84 is such powerful sign of patience and perseverance as Elizabeth's most loving care giver for the past ten years through her dementia and diabetes. Faithfully, he waits for another lucid moment when she says "I love you", thanking God that anyway, she recognizes him each day. And Peter, a sprightly 90, cherishes the freedom to serve the church with his beloved Helen who is still so enamoured by his gift of eloquence, especially in tending together to the sick and infirmed at the Cheshire home. Both couples have this as their foremost advice to stay faithfully in love: live to forgive as misunderstandings are inevitable and never let the night pass without action to love.



*Ignatius & Florence celebrating their 35<sup>th</sup> Anniversary Milestone*



*Peter & Helen celebrating their 60<sup>th</sup> Anniversary Milestone*



*Victor & Elizabeth celebrating their 60<sup>th</sup> Anniversary Milestone*

There were many other cheerful and lively side shows going on in the buffet halls as weekend couples caught up with one another and service team couples deservedly relaxed after their labour of love in organizing the event. Thus, we were presented with 35 roses by our service team couples from Love Line, ME's bulletin publisher. This thoughtful and generous gesture of love touched us mightily. We felt so thankful and blessed that we had finally made it back this year to present an ME Weekend again. We are in a community that definitely glows with love and faith, where couples eagerly learn from feedback and experience to be even better in reaching out to others and organizing events like the anniversary mass. There's still much hope for every couple seeking a better brand of fulfilment and faith in life, especially through the ME Weekend. Just from this anniversary event, 48 gift vouchers were snapped up by couples wishing to bring themselves or others to the ME Weekend and we pray and wish them well.

[Photos of the ME 35<sup>th</sup> Anniversary event can be found here.](#)

# ME Singapore 35<sup>th</sup> Anniversary Mass

.... Cont'd

## Peter & Helen Pong's Life of Love, Thanksgiving and Praise

Ours is a coffee shop Romance. Every afternoon, we met in a coffee shop in Keok Road. Both of us were working in Orchard Road, she in Singapore Cold Storage and I in Champion Motors. Every afternoon, we lunched together with a few others. One day, I said jokingly "Nobody loves me" and she promptly chipped in "I do". And that was it, all happening in the 1950's. We tied the knot in the Church of the Sacred Heart in 1954.

Sixty years on, I still love her dearly and we hold hands when we are out on the road, never minding the looks of curious onlookers. Both of us have gone through thick and thin, trials and errors. There were a lot of difficult moments and hard times, but these were actually our stepping stones towards this beautiful day, May 11 2014, our actual Diamond Anniversary Day.

And, as I said, we still love each other dearly, for which we thank Almighty God. We have four children. Sad to say, our Lord took Bernard away at the age of 19. Our eldest daughter Patricia (59),

Francis and Chris are very filial towards us. Although both of us are no longer working, we receive generous incomes from the three of them and thank God for this. Above all, we thank Him for the gift of the healthy and loving lives that both of us are enjoying. We never really quarrelled though we occasionally entered into heated debate over small matters unnecessarily. LORD, we praise you, we love you and we glorify you. Alleluia.

Peter & Helen Pong  
On their Silver Jubilee, 11 May 2014



## What other couples have to say about the event .....

*"We are very impressed by the painstaking planning and organisation put in by all the officials of the ME group for this events. The hard work they put in just to give us a memorable celebration on our milestone anniversary is a wonderful expression of a Christian love for their Catholic brothers and sisters. God bless you all!"*

- Hector n Janice Pereira, MM 35

*"Most Memorable part of the celebration...To recite the marriage oath again after so many years."*

- Jonas & Rachel, MM 15

*"Very memorable occasion When we held hands n repeated our vows with the Archbishop's blessings."*

- Gregory & Theresa Yeo, MM 50

*"Wonderful ! We brought friends (non milestone) who attended this mass for the first time. They too said it was beautiful."*

- Anonymous

*"It was very well organised, there were many volunteers around to give support and advise. ME is really a loving community and that shines through every event."*

- Francis & Imelda, MM 20

# “Here we are Lord, Send us”

Marriage Encounter Team Formation , May 2014

The Team Formation weekend ( aka Deeper weekend ), was conducted on 23-25 May 2014. There were 6 Couples and 1 Priest who responded to the invitation to experience the weekend. They will now journey with the ME Community as future presenters and ME Priest, renewing and growing the Community and sharing the joyful burden of this Apostolate movement in reaching out to couples who have yet to experience the weekend.

“ We are truly blessed to be one of the couples going through the deeper weekend. We believed it was His call to serve in this ministry as we faced many hiccups along the way before the weekend but each time, the pathway was cleared and we managed to go through it. This deeper weekend had indeed helped us get in touch with our feelings more in depth, and thus make us more conscious and aware of each other’s behaviour and feelings. This sacrament had bind us together and with God in the center of our lives, to love is to die to oneself. The presenters shared with us their ups and downs and had even assured us it was normal to fight and squabble, however, the most important part is how do we make up after a quarrel?

This deeper weekend taught us to be more open to each other, and our trip to Indonesia after the weekend was a total different experience compared to past trips.

We hope that ME not only can help couples to have a better and stronger relationships, it can bring spouses (non-Catholic) to know more about God and thus, the family can share the same love from God. Evangelising through spouse with God journeying together with them.

We hope to be walking testimony for couples out there, to be the light to shine on couple who yearn to have a better relationship with their spouse. In additional, God has given us the best gifts (our spouse) and we want to thank God by serving His people and to spread His love to all couples out there. ”

Klyve & Ashley

“ We have broken free from the shackle of our differences. We are now able to enjoy each other much better than we had before. The power of sacramental love shared during the deeper weekend touched both of us significantly and we are inspired to live by it.

We are called to come together to celebrate our love and to be the instrument of God. To reach out and touch other couples the way in which we were touched “

Jeremy & Josephine



The “Graduands’ from the May 2014 Deeper Weekend

(L-R) : Jeremy & Josephine, Aloysius & Amy, Klyve & Ashley , Philip & Stella, Paul & Katherine, Tock Han & Penny, Fr Joseph Zhang, Thomas & Cecilia (Presenting Couple), Fr Michael Arro (Presenting Priest) , Patrick & Rachel (NCC)

# Walk With M.E

As part of WWME Singapore’s 35<sup>th</sup> anniversary celebrations, there will be a family fun walk on Saturday 26<sup>th</sup> July at the Gardens By The Bay. The purpose of the event is to create an opportunity for the community of encountered couples and their families to bond and have fun in an outdoor environment. The healthy activity also serves to reinforce the message that even good marriages need some exercise work-out to keep them healthy.



*Oganising committee for the “Walk with ME” event doing a recce dry walk under the ‘Shower of Blessing’*

The fun walk balances with the various indoor events such as the anniversary mass on 1 May at St Mary of the Angels and the anniversary dinner coming up in 12 September.

The event title is a pun on the invitation to “walk with me” – “Walk With Marriage Encounter”. The walk will be a leisurely one covering a total distance of approximately 2 km only. So all ages can participate. Highlights of the event include a picturesque walk within the beautiful Gardens By The Bay; a quiz to help us spot quirky objects along the route; a mass renewal of wedding vows at the end point which is the open roof garden of Marina Barrage; followed by fellowship over breakfast at the Satay Club.

The walk will commence at 8am to capitalize on the fresh morning air and to also avoid the heat. Early birds who come at 7.30am will receive goodie bags. Please register online at our website [www.wmesg.org](http://www.wmesg.org) so that we can make plans for the expected crowd.



Come “Walk with M.E.”  
35<sup>th</sup> Anniversary Event

Date

**Saturday 26<sup>th</sup> July 2014**

Time

**8am to 1030am**

Venue

**Gardens By The Bay**

[Register Now](#)



# Spreading the word and works of Marriage Encounter Singapore

OutReach Service Team

Daniel & Julie

*Marriage is to be built on the rock of true love that comes from God - Pope Francis*

Dear Encountered Couples,

We are delighted to share a little of what we , OutReach Service Team (ORST), do with all of you ! Our mission is to Reach Out to the various Communities to spread the word and works of Worldwide Marriage Encounter Singapore. Our objective is twofold, the first is to encourage more Married Couples to attend the ME Weekend enrichment experience so they can make their good marriages great; and more generally to build awareness about what ME is all about and the work we do.

We do this primarily through Parish Outreach programs and other outreach activities which serves to spread the word about ME and in creating & developing publicity collaterals to promote ME and its upcoming activities. The latter includes leaflets, brochures, posters, updating the ME Notice Board and also developing new creatives for the ME Website among others.

As with all PR and promotional activities, it gets increasingly difficult to capture the attention of our audience and the team is constantly challenged to come up with new and creative ideas to reach out to the Community. Fortunately, the ORST is made up of a diverse group of wonderfully talented and creative couples who are constantly coming up with new ideas. This has led to some novel initiatives in reaching out to the community over the last couple of years. Some of these include:

The ME Flash Mob held in conjunction with World Marriage Days in 2011 and 2012 at Ngee Ann City Atrium which created awareness and resulted in a Sunday Times article on our celebration of marriage!



Novel Parish promotion outreach programs which created a nice buzz: Reaching out to the parishioners of St Anthony, Divine Mercy and St Vincent de Paul with a Pop-up Photo Booth, where married couples and their families could take studio quality photos celebrating their years of marriage, while we talk to them about the ME weekend.



Cont'd ...

**ORST** : *Spreading the word and works of Marriage Encounter Singapore*

.....Cont'd

Reaching out with a Canteen promotion at Divine Mercy with great food cooked and served by the ORST members on customized placemats promoting ME ; Reaching out to Parents through talks at various platforms like a parent session at CherryBrook Kindergarten and a NUS Renewal of Vows event

**Marriage Encounter (ME) Weekend**



However, the most challenging activity undertaken by The ORST over the last year was probably learning the intricate rock-n-roll dance steps to Grease's "We will always be together" for the ME Dinner & Dance last year !



Prayer, dialoging, laughter and food are at the heart of our OutReach Service Team meetings. We are always looking for new ways to reach out to the Community and welcome any ideas or avenues you may have where we can reach out to more married couples and transform happy marriages to great marriages!

*Outreach*



Back (L-R) – Kevin & Isabel, Bernard & Evelyn, Daniel & Shelley, Daniel & Julie, Chito & Marisol, Jeroen & Suguna  
 Front (L-R) Dominic & Fiona, Ronnie & Pauline, Adrian & Jennifer, Jerome & Roseline, Raymund & Angeline

# "Married life is beautiful, and must be protected"

*Pope Francis concluded his series of catecheses dedicated to the Sacraments by speaking about marriage*

Dear Brothers and Sisters, good morning!

Today we conclude the series of catecheses on the Sacraments speaking of Marriage. This Sacrament leads us to the heart of God's plan, which is a covenant plan with His people, with all of us, a plan of communion. At the beginning of the Book of Genesis, the first Book of the Bible, as the crowning of the account of creation, it states: "God created man in his own image, in the image of God he created him; male and female he created them ... Therefore a man leaves his father and his mother and cleaves to his wife, and they become one flesh" (Genesis 1:27; 2:24).



The married couple is the image of God: the man and the woman, not only the man, not only the woman, but both. This is the image of God: the love, the covenant of God with us is represented in that covenant between man and woman. And this is very beautiful! We are created to love, as reflection of God and of His love. And in the conjugal union the man and the woman realize this vocation in the sign of reciprocity and of communion of a full and definitive life.

When a man and a woman celebrate the Sacrament of Marriage, God, so to speak, is "mirrored" in them, He imprints in them His own features and the indelible character of His love. Marriage is the icon of God's love for us. God, in fact, is also communion: the three Persons of the Father, of the Son and of the Holy Spirit have lived always and forever in perfect unity. And this is in fact the mystery of Marriage: God makes of the two spouses a single existence. The Bible uses a strong expression and states "one flesh," so intimate is the union between man and woman in marriage. And this is precisely the mystery of marriage: the love of God that is mirrored in the couple that decides to live together. Therefore, man leaves his home, the home of his parents and goes to live with his wife and unites himself so strongly to her that the two become – the Bible states – one flesh.

In the Letter to the Ephesians, Saint Paul highlights the fact that a very great mystery is reflected in Christian spouses: the relationship established by Christ with the Church, a nuptial relationship (cf. Ephesians 5:21-33). The Church is the Bride of Christ. This is the relationship. This means that Marriage responds to a specific vocation and must be considered as a consecration (cf. *Gaudium et spes*, 48; *Familiaris consortio*, 56). It is a consecration: the man and the woman are consecrated in their love. By virtue of the Sacrament, the spouses are invested in fact in a true and proper mission, so that they can render visible, from simple ordinary things, the love with which Christ loves his Church, continuing to give his life for her, in fidelity and in service.

It is truly a stupendous plan that is inherent in the Sacrament of Marriage! And it is acted out in the simplicity and also in the fragility of the human condition. We know well how many difficulties and trials the life of two spouses has. What is important is to keep alive the bond with God, who is the basis of the conjugal bond. And the true bond is always with the Lord. When the family prays, the bond is maintained. When the husband prays for the wife and the wife prays for the husband, the bond becomes strong; one prays for the other.

Cont'd ....

# "Married life is beautiful, and must be protected"

.... Cont'd

It is true that in matrimonial life there are many difficulties, many: work, lack of money, children having problems – so many difficulties. And so often the husband and wife become a bit nervous and quarrel between themselves. They quarrel -- it is always so in marriage -- sometimes even plates fly. However, we must not become sad because of this; the human condition is like this. And the secret is that love is stronger from the moment there is quarreling, so I always advise spouses: Never end the day when you quarreled without making peace. Always! And it is not necessary to call the United Nations to come to one's home to make peace. A small gesture, a caress, a hello is sufficient! And until tomorrow -- and tomorrow one begins again. And this is life; it must be carried forward thus, carried forward with the courage of wanting to live it together. And this is great, it is beautiful! Married life is a most beautiful thing and we must guard it always, protect the children.

At other times I have said in this square something that helps marital life a lot. They are three words that must always be said, three words that must be in the home: PLEASE, THANK YOU, SORRY ( permesso, grazie, scusa] -- three magical words.

Please, so as not to be invasive in the life of the spouse. Please, but what does this seem to you? Please, allow me.

Thank you: to thank one's spouse: thank you for what you did for me, thank you for this. The beauty of rendering thanks!

And as we all make mistakes, the other word which is a bit difficult to say, but which must be said: sorry. Please, thank you, sorry. With these three words, with the prayer of the husband for his wife and vice versa, with making peace always before the day ends, the marriage will go forward -- the three magical words, prayer and always making peace.

May the Lord bless you and pray for me.



# It's the way it is



The story behind this picture is this:

Every day - at the same time - she waits for him.  
 Sometimes she barks to call him.  
 He comes; they rub and greet each other  
 And they go for a walk.  
 They have done this for 5 years  
 And no, they don't belong to the same owners.  
 The owners didn't know until neighbours, seeing them together so frequently,  
 commented to the cat's owner, who then followed the dog home  
 and discovered it was a distance away, not in a house close by or next door.  
 How it started no one knows.  
 Wouldn't it be great to have friends like this ?

Always there, no words needed, they just intuitively recognize  
 the value of each other in their lives and act accordingly.  
 Live, Laugh, Love  
 Life is not the way it's supposed to be. It's the way it is.

The way we cope with it is what makes the difference.



## A Small Story

A boy and a girl were playing together. The boy had a collection of marbles. The girl had some sweets with her.

The boy told the girl that he will give her all his marbles in exchange for her sweets. The girl agreed.

The boy kept the biggest and the most beautiful marble aside and gave the rest to the girl. The girl gave him all her sweets as she had promised.

That night, the girl slept peacefully. But the boy couldn't sleep as he kept wondering if the girl had hidden some sweets from him the way he had hidden his best marble.

### *Moral of the story:*

If you don't give hundred percent in a relationship, you'll always keep doubting if the other person has given his/her hundred percent ... This is applicable for any relationship like love, friendship, employer-employee relationship etc.

*Give your hundred percent to everything you do and sleep peacefully.*



## Ministry vs. Job?



Some people have a job in the church.  
Others invite themselves into a ministry.

What's the difference you ask?

If you are doing it just because no one else will, it's a job.

If you are doing it to serve the Lord, it's a ministry.

If you quit because someone criticized you, it's a job.

If you keep on serving, it's a ministry.

If you'll do it as long as it does not interfere with your other activities, it's a job.

If you are committed to staying even if it means letting go of other things, it's a ministry.

If you quit because no one thanked you or praised you, it's a job.

If you stick with it even though no one recognized your efforts, it's a ministry.

It's hard to get excited about a job.

It's almost impossible not to get excited about a ministry.

If your concern is success, it's a job.

If your concern is faithfulness and service, it's a ministry.

If God calls you to a ministry, don't treat it like a job!

**LORD**, strengthen your servants and  
move us to a true sense of ministry and service,  
through your grace and mercy. AMEN.

“The best teams are made up of a bunch of nobodies, who love everybody and serve anybody and don't care about becoming a somebody.”

- Phil Dooley

A beautiful relationship does not depend upon how good we understand someone but on how well we avoid misunderstandings.



Here are five principles of "H-E-A-R-T" communication. These are great tips for better talking and listening in personal relationships



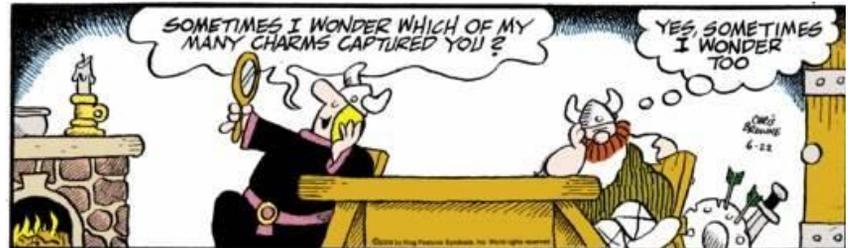
**Hear and understand me.**



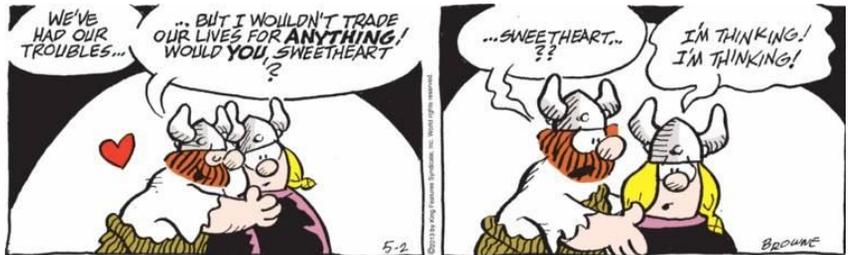
**Even if you disagree, please don't make me wrong.**



**Acknowledge the Greatness within me.**



**Remember to look for my loving intentions.**



**Tell me the truth with compassion.**



DQ : When I don't feel well listened to and understood, it's often because \_\_\_\_\_.  
How do I feel saying this to you?

# 一封结婚周年的情书

荣泉+丽碧

亲爱的荣泉，

这次和华恩夫妇去吉隆坡，原本我不想去，开大组会议的时候焕南来问我们要不要一起去吉隆坡支持永义十月圆和萧神父在吉隆坡的更深周末，多希望你你要上课就可以有理由拒绝了，天主安排的谁也挡不了，你尽然没有课，就这样我们一起去了吉隆坡，一去就是4天。

5月8日是我们结婚23周年，诗云还问我你老公怎样跟你庆祝？我想就当这次去旅行庆祝吧？我回想一下和你结婚这么多年，其实从来都没和你庆祝结婚纪念日，参加华恩周末后，我才真正重新去思考我们这些年的婚姻生活是如何的去渡过？没有激情，没有温柔也没有浪漫，我们的生活平平淡淡，每天围绕在柴米油盐，工作，孩子身上，从未真正给我们彼此一个空间好好相处，回想起来也觉得好遗憾，好可怕！朝元+银嫦每年都会庆祝他们的结婚纪念日，他们浪漫的婚姻生活给我敲了一个醒钟！我们尽然可以如此渡过20个年头？每逢和华恩夫妇见面看到他们那么的亲密手牵手，我总会觉得不好意思，但所谓的“日久生情”我也渐渐的习惯了他们的那种恩爱举动，在2011年，我决定和你第一次也是有生以来庆祝我们的20周年结婚纪念日，我们去峇淡岛渡过了我们的3天2夜，我原本以为那会带给我永难忘记的甜蜜回忆，没想到却让我蒙上了一层阴影，发生了令我永难忘记的情景，闹得很不开心，这是我所没有料到的，这段旅程让我感到恐惧，在下来的这几年来我从不愿去面对它更别说是和你一起庆祝，5月8日月圆要培育组开会，怎么这么碰巧？我一直要回避找很多发神经的理由来拒绝不去，可是还是过不了关，我就自我安慰，我想他们也不会记性这么好记得我们的结婚日吧？结果我的猜测是错的，永义+十月圆买了个蛋糕为我们庆祝了。这次去吉隆坡天气这么热，让我实在受不了，如果真的把它当作蜜月之旅，真的没有那种心情，还好一路上夫妇们有说有笑才把那烦躁的心情缓和下来，看到更深周末圆满结束，好多夫妇从老远的檳城，怡保来欢迎和欢送，心里好感动，被他们的热情感染了，我们从老远的新加坡跑来也不算什么了，永义+十月圆和萧神父的分享团队一定能够让参加的夫妇获益良多！

这次的旅程虽然疲倦但有你的陪伴让我感到温馨，我发觉自己不再那么恐惧和你一起庆祝结婚周年了！明年我们再庆祝吧！

爱你的丽碧 (29.5.2014)

亲爱的丽碧，

看了你的情书，让我不知如何回复你，亏欠你的实在太多，的确我们的婚姻生活真的是过得很平淡，很木纳，我想还好我娶了你，你的不离不弃，这段婚姻才能维持，谢谢你，老婆！这次和华恩夫妇同游，为吉隆坡更深周末加油打气是我决定要去，感谢你能够陪伴我，虽然我知道你不怎么想去，原本六月公司也安排我们职员去菲律宾旅行，旅费我不付钱，但我选择不去公司的而愿意和华恩夫妇去吉隆坡，理由很简单，因为我喜欢和华恩的夫妇同游，我们有共同的价值观，我们有共同的兴趣和谈不完的话题，和他们在一起我感到很开心，很自在。

向来我都不会刻意去庆祝生日还有我们的结婚周年纪念，因为我记得年年都生日，年年都纪念没有什么特别的，我希望等我60岁或金婚的时候才来一个大庆祝会更有意义和难忘，你说对吗？我不记得我们20周年在峇淡岛是怎样渡过的？因为不快乐的事情我都选择不记得要把它忘掉，希望你不要难过，一而再的让你感到恐惧和不安，我却不当一回事，原谅我的过失，以后会让你永难忘记我们快乐的美好日子而不是恐惧的日子，好吗？

培育组开会那天，我想他们“早有阴谋”选择那一天开会，他们一定会为我们庆祝，我不知道你为了峇淡岛之旅恐惧了这么久，我感到抱歉，这些不愉快的经历不会再发生，那天开会我们不是过多很开心吗？吉隆坡之旅我们也很开心对吗？燥热的天气冲不走我们的喜乐，4天的旅程没有什么好玩的，但是华恩的夫妇只要能够聚在一起，不好玩也变成好玩了！

我们下次庆祝周年就选择比较寒冷的国家吧！

我的一生有你的陪伴和分担是我最大的幸福，我已经很满足了！

爱你的荣泉 (30.5.2014)



吉隆坡更深周末新加坡团队与夫妇合照



# 婚姻象一幅画

Marriage is like a Painting

勇光 + 诗云

最近在聚会时，有一对夫妇出了一道非常有意义的题目。“婚姻象一张白纸，夫妻是两个画家，重要的是看你在自己的白纸上涂抹什么颜色。是画龙点睛，还是画蛇添足，全看两个人的兴趣和修养。身为画家，我在我们的婚姻加了什么颜色？”

这道题目比喻的很棒也给我俩许多的感触。婚姻真得象一张白纸，夫妻就是画家，画漂亮与否，那要看夫妻如何每天在这张白纸上画画或涂抹什么颜色？涂上五颜六色呢？淡色呢？或无色呢？还是有朝气的颜色呢？成为一幅有意义的画要完全看这对夫妻的“用心”和“努力”了。

回忆起当初我俩刚结婚时的那一刻，就象一张白纸，朝气蓬勃的我们，虽然有梦想、目标，但没有经验。我俩慢慢的一起在这张白纸上涂上美丽色彩缤纷；也有暗淡无色的；有时鲜红到如太阳的热。婚姻的道路没人可以教导如何走的，加上每对夫妇的习惯来自不同的原生家庭，所以各不一样，要有一幅活灵活性的画，需要夫妇的齐心协力。回想过去20年我俩这一对无经验的画家，在白纸上涂上无法形容的颜色。色彩包含酸甜苦辣，有时候上了高山又下了底谷，对我俩而言，这20年体验，反映在画上的点点滴滴，让人感到难忘。这一幕幕，有时候会问自己如果有机会重新来过的话，我们要走的更好，不愿意再去走“冤枉”“冒险之路”。

加入恳谈会分享团，做周末和参与恩爱圈，夫妇团体生活，志同道合夫妇们学习和扶持，让我俩夫妻关系上有领悟，努力前进。原来夫妇的团体活动中，夫妇们都是画家，他们的画不自不觉的在我们夫妻关系上给予我们学习的榜样和色彩。

希望已有20年的经验的我们，不要再“重蹈覆辙”，能把接下来的20年更充份把这张白纸涂上彩虹班的颜色，有色彩、有笑容、平安喜乐的一幅，让我俩在晚年时，感到满足，永远甜在心理的一幅，对于我俩价值无比的画。

“十对十”是恳谈会的宝藏，是天主给予我们一份珍贵，特殊的恩典。与大家分享，感恩，喜乐。



勇光 + 诗云 (Francis & Cindy)

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You may now go back in time to read the [past copies](#) of Loveline. Password to access is "wwmesg123"

*Keeping Our Relationship a Priority – Dialogue & Quality Time*

**Love Quote**

Apologizing does not always mean that you are wrong and the other person is right. It just means that you value your relationship more than your ego.

– Unknown

**Dialogue 10/10**

How have our hopes for the two of us changed since our wedding day? HDMAMMF?

*Sharing In The Dream – Inviting & Reaching Out*

**Registering Couples for the Weekend**

Visit our website ~ [www.wwmesg.org](http://www.wwmesg.org) for information and on-line registration or Call Vincent & Ju-Lyn on 9670 5390.

**Upcoming Events**

ME 404 Weekend	6 – 8 Jun
ME Mandarin Weekend	20 – 22 Jun
ME 405 Weekend	4 – 6 Jul
Discernment ( Priest/Team couples)	12 Jul
Walk with ME (Gardens by the Bay)	26 Jul
ME 406 Weekend	1 - 3 Aug
Gotong Royong (ME House)	23 Aug

*Sharing Our Love – Host a Weekend, Have a Staycation at ME House!*



**2014's Weekend Hosting**

**Be Part of the ME Weekend again. Share your Love through Hosting the weekend !**

Love Circle / Weekend Group leaders are invited to email Vincent & Mary-Anne at [vincent@nareen.com.sg](mailto:vincent@nareen.com.sg) giving the preferred month of hosting.

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**Articles for Loveline**

We welcome articles from couples and Lovecircles. Please send them to :



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